

Welcome to YMCA Family Camp Nawakwa  
**Program Schedule for July 18-25, 2009**

The variety of programs listed is designed to cover the broad range of ages of the Nawakwa family camper. Some programs will attract school age children, some will attract teenagers, and some will attract the young and mature adults alike. Keep in mind that all programs are voluntary and you may not have time to enjoy every program opportunity so plan your week vacation carefully. Young children need to be supervised on the waterfront as there is NO LIFEGUARD ON DUTY. Unsupervised children may be asked to get their parents to supervise them while on the beach or other boating activities.

**Bicycles, Canoes, and Kayaks are placed at central stations for all Nawakwa guests to use. These equipment items should not be left at your cabin. Please return them to their racks after each use.** This is a general courtesy for all campers to follow. Please respect the use of all camps equipment. Parents, please remind your children to put equipment away when they are done using it. All too often kayak & canoe paddles, as well as life vests, are left lying on the beaches or shorelines. Also, please use only regular paddles with the Yellow float toys at North beach.

### **Store Hours**

The camp store is located at the Welcome Center. The store is open from

Sunday – Thursday 9:00 am - 5:00 pm and 8:00 pm - 9:00 pm

Friday – 9:00 am -5:00 pm

Saturday – 7:30 am - 12:00 pm and 4:00 pm - 9:00 pm

### **Saturday**

Arrival Time: Please wash any dishes you might use prior to cooking. Thanks for your help.

**9:00 pm Ice Cream Social:** Join the Nawakwa program staff and your friends and family at S.C. Lodge for ice cream. The staff will provide ice cream, and a couple of toppings. Please bring your own bowl and spoon from your cabin. This is a good opportunity to catch up with what your friends have been up to all year. If you're a first time camper this is our first chance to get together and meet a few of the counselors and other families.

### **South Camp Lodge**

### **Sunday**

**10:00 am New Camper Orientation:** If you are a first time camper and would like a brief introduction to the Camp Nawakwa culture, please join the staff at the North Camp Bell tower. We'll cover things like garbage, laundry, waterfront, Program Schedule, Bikes, equipment use and general camp information. This is also a good time to have any other questions addressed. **North Camp Bell Tower**

**11:00 Chapel:** Gather at the S.C. Lodge for a Sunday morning worship service. The staff will lead campers in a Christian centered chapel service. Songs, a short lesson for the children and a scriptural message will all be included in the morning service. This is a good way to start out your week. Join us as we lift up our spirits at Camp Nawakwa. **South Camp Lodge**

**12:00 Family Cookout:** Grab the family and head down to the North Camp beach for lunch. The Director and Camp staff will all be there to meet your family. Bring your burgers, brats, chicken, or whatever to grill for your family and bring a dish to pass for others. Don't forget your plates, silverware and drinks. **North Camp Beach**

**1:30 Inclement Weather and Forest Fire Test:** Storms are frequent during the summer and we are no strangers to the north woods wind storms. Please send one member of your family to the bell tower in both North and South camp when you hear the bell ring continuously for one minute. The Nawakwa staff will give you instructions on what we would do if there is a severe weather threat or forest fire in the area.

### **North AND South Camp Bell Towers**

**2:00 Canoe and Kayak Safety & Instruction** - Meet at the North Camp Beach for a canoe and kayak lesson. This is for all "Captains", "First mates" and Skippers. We will teach campers how to do a "J" stroke, and "C" stroke, to steer the canoe properly. We will also tip a canoe and show you how to get back in. Please be prepared to get wet even if it's cold. Did you know that you can steer the canoe (in calm water) by paddling on one side of the canoe through the whole trip? How do I keep from going around in circles? Should I be wearing a life vest?

**Children under the age of 12 are not allowed to use the kayaks alone.** **North Camp Beach**

3:00 Family Volleyball: Bump, set, spike! Bring everybody over for some fun in the sand. **Volleyball court**

3:30 Nature Scavenger Hunt Bingo for Families: Camp Nawakwa has a lot of Nature. This is a fun way for your whole family to start getting into it. Bring them all and make a team. The staff will have a list of things that can be found at Camp Nawakwa as well as how many of them fit together. The items will all be within walking distance of the North Camp Bell Tower where we will start. We recommend long pants because we will be getting “into” nature. **North Camp bell tower**

4:00 Archery: William Tell, Apollo, Robin Hood.....Legolas the Elf. These are just a few of the famous archers in history. Come on down to the range where you can either experience this disappearing art for the first time or continue to hone your skills. For Archers of all ages.

**Athletic Field**

7:30 Opening Ceremonies: This program is one of Nawakwa’s oldest traditions. Join the Camp Director and program staff for an evening of fun entertainment. We’ll present a slide show of campers, perform some traditional camp songs and skits, and give your family the opportunity to introduce each other in the Nawakwa circle. Program sign-up sheets and general announcements will be given. Don’t be late or you might miss your photo in the opening slide show. **South Camp Lodge**

## **Monday**

9:00 – 11:45 Kid’s Club for ages 5-10: The Camp Nawakwa staff would like to invite all campers 5-10 to join them at the South camp lodge for a morning of fun, games, crafts and learning. Sign in starts at 9 and sign out/ pick up will be at 11:45. Kids should be dressed for the weather and to be outdoors. And if it is possible please send a bottle of water with them with their name on it. An old soda bottle would be perfect. There is a \$1 fee for craft materials. **South Camp Lodge**

10:00 Archery: Come practice your marksmanship. **Athletic Field**

2:00 Arts and crafts (Ojibwe style baskets): This will be a craft for adults and people who want to put in a little more time into a project. We will be making baskets out of construction paper using the same design as the Ojibwe used for birch bark baskets. There will be a small fee of \$2 for supplies. **South Camp Lodge**

2:00 Ultimate Frisbee: This exciting game has its roots in football (no tackling though), Basketball and Frisbee Golf. Anybody that can catch a Frisbee can play. Come ready for a work out. **Athletic Field**

3:30 Lawn Games: It’s an old fashioned social time where the whole camp can gather try their skill at games of hand/eye coordination for all ages. Come join us at North camp Basketball court for a variety of games such as Bocce ball, Bean bags, Horseshoes, 4-square, Ladder ball and more! **Basketball Court area**

6:00 Potluck: The potluck tradition began years ago and was held at the end of the week when all campers brought their leftovers to share at a final get together. Today the Nawakwa traditional potluck dinner is held every Monday night at 6:00 PM. We hold it at the start of the week and encourage campers to come and make friends early in the week. We do not like to run out of food at the potluck, so we ask each family to bring 2 dishes. Please bring a main meal or entrée and make more than you would eat for your family. Also, bring a salad or dessert and make it larger than what would feed your family. We have found that if everyone works together in this fashion, we don’t run out of food and everyone leaves with a full belly. **South Camp Lodge**

7:30 North Woods Wildlife Center: For all ages! The Nature experts from the Center really describe the ways of nature well. They are hands on type folks who bring example and experience for people to interact with. Jamie Makes the presentations fun. **South Camp Lodge**

8:30 Teen Night: 13 to 19. Since we are going to be around all week, we should start out getting to know each others names and playing some fun games. That way we won’t have to say “hey, you” all week. So come join the camp staff at **North camp beach.**

## **Tuesday**

8:30 Out of Camp Canoe Trip: This is for the adventurous folks. Sarah will be guiding a tour down a portion of the Manitowish river. **We need a minimum of 4 canoes to run it and there is a maximum of 6. Sign up and come along.** Plan to be out for about 3 to 4 hours. Bring a lunch and lots of water. Staff will have cooler space if you don’t have your own. **Office parking lot**

10:00 Archery for Adults: This is a chance to brush up on your skills or to get ones you never had. **Athletic Field**

1:30 “Hoccer” for ages 11 and up: Imagine, if you will, a game that combines all the best parts of Basketball, soccer, and ..... other stuff? It is really awesome! Come try it **Athletic Field**

2:30 Wilderness skills/ Fire Race for Families: A “Puckwudgee” is an ancient, respected term for “Hairy man of the woods” or something close to that. The skills that these people have in knowing the ways of the woods is disappearing from our culture fast. Here is chance to learn, teach and practice the skills of a woods person. Fire building, axe sharpening and safety, knife handling, compasses, building shelters, making water safe to drink and more will be available to learn for those that come out to the tent sites to be initiated as a “Puckwudgee” or “Puckwudgette”. After we share all our “Wudgee Wisdom” we will have a Fire Race to see who can build the fastest fire!

**North Camp Bell Tower then moving out to the Tent sites**

4:00 Capture the Flag: If you are 11 and up this is your chance to be a camo-wearin, ninja-izing, sneak-aroundin, kung fu commando. It involves plenty of hiding, sneaking, running and using your brain to out smart the other team which makes it a fun challenge. Be prepared with long pants and good shoes. We will be in the woods. Da more camo-er da better-er. **North Camp Bell Tower**

7:00 Discovery Center Loon Lesson: For ALL ages! The Discovery Center’s Zach the Traveling Naturalist will be here to share some of his vast knowledge of Loons and their ways. The program will be hands on and exciting, not to mention educational! **South Camp Lodge**

8:30 Friendship Fire: After things wind with the Discovery center, you can come up to North camp beach for a time of friendship and laughter and fun and singing and..... **North Camp Beach**

### Wednesday

9:00 Boat in Breakfast: Another long standing tradition at Nawakwa is the Boat in Breakfast. The Nawakwa staff is up early Wednesday morning preparing pancakes, eggs, hash browns, bacon, coffee, milk and juice for your arrival. The staff will be cooking over three open fires, on a peninsula on Big Crooked Lake. **Please bring your cups, plates and silverware. Please sign up at the Welcome Center by Tuesday at 12:00 PM.** The staff needs the headcount prior to the shopping trip. The cost is \$5.00 per person and children under 4 are free. The fee can be added to your store tab.

1:00 Waswagoning Recreated Objibwe Village Tour: Nawakwa staff encourages the Nawakwa campers to learn about the history and culture of the Ojibwe Indians. Please join the staff at the Welcome Center parking lot and we’ll travel as a group to the village. Cost of the program is \$8 per person. There is a \$1.00 discount if we mention Nawakwa and go as a group. **North Camp Parking Lot**

2:00 Ping Pong Tournament: Bring your A game and meet us at the north camp Welcome Center basement and we’ll schedule an elimination tournament, based on skills and ages. You have all week to practice so come prepared. You will need it to keep up with the skills Sarah thinks she has. **South Camp Lodge**

4:00 “Pirates of the Big Crooked” Treasure Hunt for Families and Teams: Arrg, me mateys of all ages. There’s treasure lyin’ about and you and your crew need to see if you can find it. We meet up at our own desert island beach (North camp beach) and get our treasure maps and clues. Aye,aye Cappin’. **North Camp Beach**

7:00 Square Dance/ Card Shark Night: At South camp lodge, we will have a social event for all ages. Dancing inside, card games on the porch. There will be a Card Shark table for 15 and up Texas hold em, Card Barracuda table for Uno open to all ages and even a Card minnow table with games for the young folk (go fish type stuff). Make sure you bring some kind of candy or comparable items for betting if you play Texas hold em. **South Camp Lodge**

9:00 Nite wildlife Hike with story time: A lot of life happens at night when we aren’t usually out to see (or hear) it. Come out with Matt and experience a little Night life. The tour will last a little over an hour and will include a time for stories about this area and the different kind of lives that have been lived around here. All stories will be scare free. **North Camp Bell Tower**

### Thursday

9:00 – 11:45 Kid’s Club part 2: Ages 5-10. A lot like Monday ...only better! **South Camp Lodge**

2:00 Loony Club: Loons are a part of Camp Nawakwa tradition. And they swim really good! Learn how to swim like a Loon. Sarah and Ana will be at north camp beach to teach swimming in a fun way for kids 5-8. Let's get loony! **North camp Beach**

2:00 Pictionary/ Pladohny: The Game of Pictionary is a lot of fun but if you throw in the twist of having to shape your word out of Playdoh it can really make you giggle. We will be choosing up teams at South camp lodge. All ages welcome. (the young folk 8 and up can really come up with some of the most creative things). **South Camp Lodge**

3:30 Ice Cream Makin': Let's get together for ice cream we will make ourselves. Camp staff will provide all the needed materials. Cost for this program is \$3.00 per person. Please sign up in the Welcome Center. **North Camp Beach**

4:00 Lawn Games: Come join us at North camp Basketball court for a variety of games such as Bocce ball, Bean bags, Horseshoes and 4-square. **Basketball Court area**

4:00 Volleyball Tournament: Bump, set, spike! Bring your team over for some friendly, face shredding competition. **Volleyball Court**

6:30 Pontoon Tour: We will offer two 45 minute pontoon tours and we have room for a maximum of 14 people per tour. Sign up at the Welcome center. We will be touring Big Crooked lake and meeting at the **north camp beach pier.**

9:00 PM Outdoor Movie Night: Join us at the **North Camp beach** for an outdoor movie. Please bring a lawn chair, or comfortable seat, or just sit on the campfire benches. We will open the camp store during the movie for you to purchase soda, ice cream, snacks, or even microwave some popcorn. **If the weather does not cooperate we will move the movie to South Camp Lodge and will begin the movie at 8:00 PM**

## **Friday**

10:30 Archery: Camp Nawakwa will have a Master Archer available to help you get to the next level no matter what level you are at. **Athletic Field**

11:00 Campfire program practice time: Practice makes perfect. Or at least perfect enough to join in the fun. If your offering at the Closing Campfire needs a little polish to be ready for the evening's festivities, here is your chance. **Wherever your family would like to practice**

1:00 Triathlon: Organize your team of 3 people and join us at the north camp beach for the traditional triathlon competition. One person will run from south camp to north camp, another person will row the boat to the island, and the final person will swim back to the north camp raft. If you don't want to participate, please come on down and cheer the teams on. Recognition to the winning team is given at the closing campfire. (Your team will need to bring a row boat in order to compete.) **North Camp Beach**

2:30 Water Carnival: Parents, please bring your children and teenagers down to the north camp beach for the traditional Friday water carnival. The staff has organized a variety of games that will be played on the beach and in the water. The carnival will be for all ages, but most of the games will be centered on school age children. **Meet at north camp beach**

5:00 Packing for Home: Please take this time to begin packing and getting your cabin ready for the next visitors. We ask that you take this time to wash all the dishes you used and place all your equipment back in the appropriate places. Thanks for your help.

7:30 Closing Campfire: The closing campfire is the last chance for family and friends to share their Nawakwa experience with fellow campers. The evening begins with a few short staff songs and skits and then it's time for the Camper Entertainment. This is the family's opportunity to prepare a song, skit, dance, magic show etc. The staff enjoys listening and laughing with the families through this memorable camp experience. The Nawakwa staff will close the evening with a few traditional Nawakwa songs. **Meet at North camp beach**

## **Saturday Checkout:**

10:00 AM Check out: Please help us get ready for our next guests by returning all camp equipment to their appropriate places. Wash any dishes you used and check out no later than 10:00 a.m. No need to mop your floors but it would help if you could sweep. Thanks for your assistance. **We look forward to seeing you next Year!**